

Post tour G

Fjord Norway: Hidden gems and coastal history in the Bergen region

NORWAY
POWERED BY NATURE

DESCRIPTION

We start the tour with a visit to the silver workshop Arven Économusée, before heading to Nordhordland and the Heathland Centre. Learn about the activity of fishing in the area, before heading to the islands west of Bergen to visit Marstein Lighthouse and try your fishing luck. Overnight in Panorama Hotel. Friday we explore the archipelago on a guided tour, and visit Lysøen island. Overnight in Solstrand. Saturday morning is time for wellness and relaxation before departure home.

FACTS

Duration: 27th-29th of April 2017

Organisers:

Fjord Norway, www.fjordnorway.com

Tour conductor:

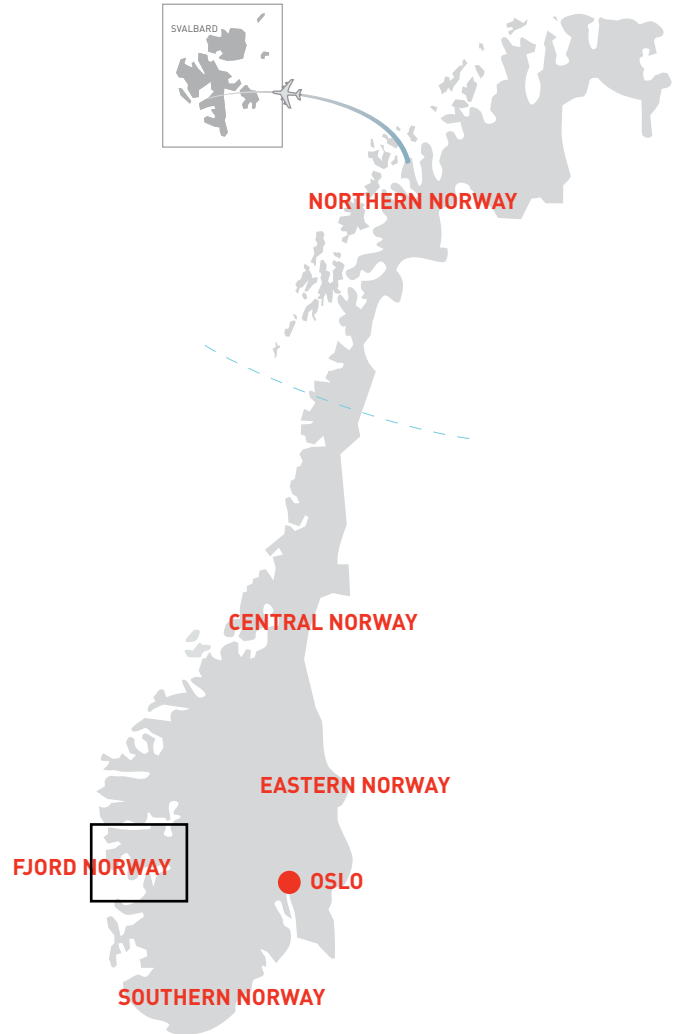
Ms Linn Kjos Falkenberg, Bergen Tourist Board,
linn@visitbergen.com, Tel.: +47 922 28 954

Clothing:

Warm and leisure clothing.

Max. participants: **12** Min. participants: **6**

Programme may be subject to change



HIGHLIGHTS ON THIS TOUR

Tour information

This tour is suited for those who want to expand their knowledge and discover new sights in the Bergen region, for small groups, tailor-made and FITs. It will not be a very active tour as the season is between winter and summer, but some short activities like RIB tour and optional fishing trip. We will inform about the activity offers in the region. Activities are weather dependent.

- **BERGEN**

The silver factory Arven lets you experience some of the city's best gold- and silversmiths at work, creating precious metal into true pieces of art. Situated in a historic setting between St. Mary's Church and Bergenhus Fortress, the silver factory for nearly 150 years has had its production in the centre of Bergen. And for the first time in history, they now open the doors to this traditional workshop to the public.

http://en.visitbergen.com/things-to-do/_ga=1.215107999.966712948.1476882340

- **NORDHORDLAND**

The Heathland Centre (Lyngheisenteret) is beautifully located on the heathlands at Lygra. The Heathland Centre is an information centre with focus on preserving knowledge as well as the way of life and how to manage the coastal heathlands. They preserve the heathland through traditional use of the land, including burning and grazing by wild sheep. Learn about the activity offers in the region and inspection at Alver Hotel.

www.muho.no/en/the-heathland-centre-at-lygra

- **SOTRA & ØYGARDEN**

The islands west of Bergen, Sotra and Øygarden, are rich in history and culture. The archipelago is perfect for hiking, fishing and kayaking, within close proximity of the centre, but well away from the hustle and bustle of city life. We will have a RIB boat tour to Marstein Lighthouse, and an optional fishing trip in Sund. Learn about the history and culture in Fjell Festning and the Coastal Museum in Øygarden, and a tour of the aquaculture centre.

www.panoramahotell.no/en/marstein-lighthouse/

www.panoramahotell.no/en/coastal-holiday/

<http://fjellfestning.museumvest.no/en/>

<http://kystmuseet.museumvest.no/en/>



HIGHLIGHTS ON THIS TOUR

- **LYSØEN**

The Lysøen museum consists of the violinist Ole Bull's summer home, a 17th century farm settlement, a small café, and the island itself with the park. With its onion domes and exotic ornamentals both exteriorly and inside the high ceiling of the music hall – all assiduously carved out of Norwegian pine – the villa emerges like a dream of a blue fairy-tale castle. We will have a tour and a concert in the beautiful villa. <http://lysoen.no/en>

- **SOLSTRAND**

Solstrand was built in 1896 as a holiday resort for the Bergen merchant-princes. Restoration and extension have allowed us to enhance the services we provide, but the "light, airy and picturesque wooden house" still retains its turn-of-the-century charm in a rich natural and cultural landscape. Saturday morning we will enjoy the wellness centre, overlooking the garden by the fjord, including steam bath, sauna, icy pool, swimming pool, therapy pool and fitness room. Departure after lunch. <http://solstrand.com/en>




ACCOMMODATION

SUND

Panorama Hotel & Resort

Austefjordveien 165

NO-5379 Steinsland

Tel.: +47 56 31 90 00 

Mail:

Web: www.panoramahotell.no/en/

OS

Solstrand Hotel & Bad

Solstrandvegen 200

NO-5200 Os

Tel.: +47 56 57 11 00

Mail:

Web: <http://solstrand.com/en>

INFORMATION

FLIGHTS**SATURDAY 29th of APRIL**

Departure from Bergen at earliest 16:00.

Suggested flights:

16:00 Dep. Bergen Airport Flesland with SK274

16:50 Arr. Oslo Airport OSL

or

16:00 Dep. Bergen Airport Flesland with SK2873

17:20 Arr. Copenhagen Airport Kastrup

Please reckon with approx. 1,5 hrs for check-in/
transfer in Oslo.

See additional information on page 2.

